

VETERAN ADAPTIVE BIKE CLINIC

WHEN

August 21st, 2019
Anytime 10 am to 2 pm

WHERE

Redemption Hill Church

332 S. Carpenter Avenue, Kingsford, MI
906-774-2160

FEATURING • Light Refreshments •
Nutrition & Wellness Programs from VA
Dietitians • Ideas for Activity from VA MOVE
Staff • VA Whole Health Education and
Information



Choose VA



**ALL
VETERANS
WELCOME!!**

**TRY IT... YOU
MIGHT LIKE IT!**

**An opportunity to
learn more about
adaptive bikes , how
they benefit riders
and actually try an
adaptive bike!**

**NO
REGISTRATION**

**But please contact us
if you have specific
adaptation needs or
questions: UP SAIL at
906-228-5744 or the
VA at 906-774-3300,
x32792.**

PARTICIPANTS

**UP SAIL - The Disabil-
ity Network of the Up-
per Peninsula**

**Oscar G. Johnson VA
Medical Center**

**Redemption Hill
Church - Host**